

DECEMBER 2017

(pricing/classes/events subject to change, please refer to www.bys-yoga.com for updates)

BYYS

YOGA

1113 East Carson Street - 3rd Floor
Pittsburgh's Historic South Side
www.bys-yoga.com
412/481.YOGA (9642)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



SHARE THE GIFT OF YOGA!
gift certificates available

<p>SHARE THE GIFT OF YOGA! gift certificates available</p>				<p>9:30 - 10:45 am LEVEL 1-2 w/ Maggie</p> <p>12 - 1 pm LEVEL 1-2 w/ Holly</p> <p>6:30 - 8 pm BENEFIT: ALL LEVELS w/ Raelynn (donation)</p>		<p>8 - 9:15 am LEVEL 1 w/ Ashley</p> <p>9:30 - 10:45 am LEVEL 2-3 w/ Alana</p> <p>11 am - 12:15 pm LEVEL 1-2 w/ Raelynn</p>	
<p>9:30 - 10:45 am LEVEL 1-2 w/ Holly</p> <p>11 am - 12:15 pm LEVEL 1 w/ Paul</p> <p>5:30 - 7 pm YIN YOGA w/ Mary Anne</p>	<p>12 - 1 pm LEVEL 1-2 w/ Lynn</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Kristen</p> <p>7:30 - 8:45 pm LEVEL 2-3 w/ Alana</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Kristi</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy (w/ optional meditation 1:15-1:30)</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Amy</p> <p>7:30 - 8:45 pm LEVEL 1 w/ Raelynn</p>	<p>12 - 1 pm LEVEL 1 w/ Levana</p> <p>4:50-5:30 pm LEVEL 1 w/ Jerry</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Lynn</p> <p>7:30 - 8:45 pm LEVEL 1-2 w/ Jesse</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Alana</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Holly</p> <p>7:30 - 8:45 pm LEVEL 1 w/ Paul</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Maggie</p> <p>12 - 1 pm LEVEL 1-2 w/ Holly</p> <p>6:30 - 8 pm BENEFIT: ALL LEVELS w/ Alicia (donation)</p>	<p>8 - 9:15 am LEVEL 1 w/ Ashley</p> <p>9:30 - 10:45 am LEVEL 2-3 w/ Alana</p> <p>11 am - 12:15 pm LEVEL 1-2 w/ Raelynn</p>	
<p>9:30 - 10:45 am LEVEL 1-2 w/ Holly</p> <p>11 am - 12:15 pm LEVEL 1 w/ Paul</p> <p>2:30 - 3:30 pm FAMILY YOGA w/ Paul & Kristen (\$15/family)</p> <p>5:30 - 7 pm RESTORATIVE YOGA w/ Kristen</p>	<p>12 - 1 pm LEVEL 1-2 w/ Lynn</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Kristen</p> <p>7:30 - 8:45 pm LEVEL 2-3 w/ Alana</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Kristi</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy (w/ optional meditation 1:15-1:30)</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Amy</p> <p>7:30 - 8:45 pm LEVEL 1 w/ Raelynn</p>	<p>12 - 1 pm LEVEL 1 w/ Levana</p> <p>4:50-5:30 pm LEVEL 1 w/ Jerry</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Lynn</p> <p>7:30 - 8:45 pm LEVEL 1-2 w/ Jesse</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Alana</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy</p> <p>6 - 7:15 pm LEVEL 1-2 w/ Holly</p> <p>7:30 - 8:45 pm LEVEL 1 w/ Paul</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Maggie</p> <p>12 - 1 pm LEVEL 1-2 w/ Kristi</p> <p>6:30 - 8 pm BENEFIT: YOGARHYTHMICS® (ALL LEVELS) w/ Nicole (donation)</p>	<p>8 - 9:15 am LEVEL 1 w/ Ashley</p> <p>9:30 - 10:45 am LEVEL 2-3 w/ Alana</p> <p>11 am - 12:15 pm LEVEL 1-2 w/ Raelynn</p>	
<p>9:30 - 10:45 am LEVEL 1-2 w/ BYSYoga</p> <p>11 am - 12:15 pm LEVEL 1 w/ Paul</p> <p>5:30 - 7 pm WINTER SOLSTICE CELEBRATION w/ Ashley & friends *CANDLELIGHT CLASS*</p>	<p>12 - 1 pm LEVEL 1-2 w/ Lynn</p> <p>6:30 - 8 pm ALL LEVELS w/ Kristen *CANDLELIGHT CLASS*</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Kristi</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy (w/ optional meditation 1:15-1:30)</p> <p>6:30 - 8 pm ALL LEVELS w/ Amy *CANDLELIGHT CLASS*</p>	<p>12 - 1 pm LEVEL 1 w/ Levana</p> <p>4:50-5:30 pm LEVEL 1 w/ Jerry</p> <p>6:30 - 8 pm ALL LEVELS w/ Lynn *CANDLELIGHT CLASS*</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Alana</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy</p> <p>6:30 - 8 pm ALL LEVELS w/ Paul *CANDLELIGHT CLASS*</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Maggie</p> <p>12 - 1 pm LEVEL 1-2 w/ Kristi</p> <p>6:30 - 8 pm BENEFIT: ALL LEVELS w/ Kristi (donation)</p>	<p>8 - 9:15 am LEVEL 1 w/ Ashley</p> <p>9:30 - 10:45 am LEVEL 2-3 w/ Alana</p> <p>11 am - 12:15 pm LEVEL 1-2 w/ Raelynn</p>	
<p>9:30-11 am ALL LEVELS w/ Paul CHRISTMAS EVE CLASS</p> <p>9:30-11 am ALL LEVELS w/ Holly NEW YEARS EVE CLASS</p>	<p>STUDIO CLOSED</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Kristi</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy (w/ optional meditation 1:15-1:30)</p> <p>6:30 - 8 pm ALL LEVELS w/ Raelynn *CANDLELIGHT CLASS*</p>	<p>12 - 1 pm LEVEL 1 w/ Levana</p> <p>4:50-5:30 pm LEVEL 1 w/ Jerry</p> <p>6:30 - 8 pm ALL LEVELS w/ Jesse *CANDLELIGHT CLASS*</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Alana</p> <p>12 - 1:15 pm LEVEL 1-2 w/ Amy</p> <p>6:30 - 8 pm ALL LEVELS w/ Holly *CANDLELIGHT CLASS*</p>	<p>9:30 - 10:45 am LEVEL 1-2 w/ Maggie</p> <p>12 - 1 pm LEVEL 1-2 w/ Kristi</p> <p>6:30 - 8 pm BENEFIT: ALL LEVELS w/ Ashley (donation)</p>	<p>8 - 9:15 am LEVEL 1 w/ Ashley</p> <p>9:30 - 10:45 am LEVEL 2-3 w/ Alana</p> <p>11 am - 12:15 pm LEVEL 1-2 w/ Raelynn</p>	

PRICING

regular class pricing unless noted otherwise

2 WEEKS UNLIMITED CLASS PASS
\$30 - INTRODUCTORY - new students only

MONTHLY MEMBERSHIP **NEW**
~ unlimited classes
~ 10% discount on workshops/boutique
~ recurring payment via credit card
~ 3 month initial commitment/contract
\$85 - student/senior/military
(w/ ID or age 60+)
\$95 - regular

1 MONTH UNLIMITED CLASS PASS
\$95 - student/senior/military (w/ ID or age 60+)
\$110 - regular

CLASS PACKAGES
~ valid for 6 months
\$48 - 4 classes (\$12/class)
\$88 - 8 classes (\$11/class)
\$120 - 12 classes (\$10/class)
\$180 - 20 classes (\$9/class)

SINGLE CLASS / DROP-IN
\$10 - student/senior/military (w/ ID or age 60+)
\$15 - regular

SAVE THE DATE!
NEW YEAR: RENEWED

our annual community class & open house
FRIDAY, January 5th 2018

more details to be announced soon!